

Plan your Travel

Many vaccines need time to start to work Please let us know your travel plans well in advance

Please make an appointment at least 1 Month before you travel

For Hepatitis B – 6 months is preferable

NOTE:

If we are busy, this means you may need to book the appointment 6-8 weeks before you travel to allow for the 1 month

Each vaccine has a different lead time...

TIME BEFORE TRAVEL

Hepatitis A	1 week	
Hepatitis B	10 weeks (min)	Course of 3 injections 6 months preferable
Typhoid	1 week	
Diptheria/ Tetanus / Polio	1 week	
MMR	1 week	
Yellow fever	10 days	
Rabies	3 weeks	
Meningitis A C W Y	1 week	
Malaria Tablets	4 weeks	